



## The Weekly Bulletin of the Rotary Club of Surathkal

Rotary District 3181

Charter No. 27539

**E-SUHRITH****27th July 2020****VOL: 13 ISSUE: 04**[www.rcsurathkal.org](http://www.rcsurathkal.org)**Dear fellow Rotarians,**

Day by day the pandemic COVID-19 is spreading, we have experienced a week long lockdown in Mangalore, schools, colleges have not opened nor Government have predicted any date for opening up of these institutions. IT industries are advised by the Government to employ their workers to work at home till December 2020. We Rotarians are not able to meet physically at our regular meeting places, our clubs' installations have become online. Being Rotarians and leaders in our field, our vocations have to take this situation as challenge and seize the opportunity to lead the way to carry our RI President Holger Knaack and our DG Rtn. Ranganath Bhat's programmes in the coming year, with service above self, making a difference to the lives of less fortunate around us. It is said trouble shared is trouble halved.

Let us be innovative, think out of the box, find opportunity to grow, making it stronger, more adaptable and even more aligned with our core values. As we evolve using our strategic Plan, let us explore ways to increase our membership by forming more flexible clubs and inducting more new energetic members into Rotary fold. The secret of change is to focus all our energy not on fighting the old but in building the new.

To overcome the prevailing pandemic, it is said, we have to increase the immunity of our body by taking good food containing appropriate vitamins in it. Our surrounding has got abundant quantity and quality of herbal plants, lot of us do not know much of these plants which can be used in our daily food. Our ancestors used only local food and medicine to cure their deceases but now due to modernisation we have lost track of those plants and vegetables. So our Rotary club is planning to come up with a competition to our School and college students on finding out herbal plants in around and give a write up about the plant by clicking a selfie with the plant.



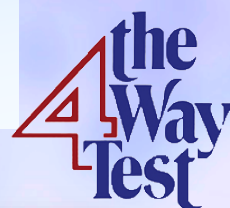
Yours in Rotary  
**P Raghavendra, President Elect.**

**We celebrate the Birthday of....****Annet Aravind Rao , (S/o Rtn. Ananda Rao MA) on 1st of August.****E SUHRITH****Conveys our Special Greetings to him on this special occasion.****Of the things we think, say or do**

- 1. Is it the truth ?**
- 2. Is it fair to all concerned ?**
- 3. Will it build goodwill and better friendships ?**
- 4. Will it be beneficial to all concerned ?**



Editor Rtn. Dr. Harikrishnan S Rao 9740556156

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### The week that was....

On **24 July 2020**, our club distributed face mask and Hand sanitizers to Asha Workers at PHC, Kulai, Mangalore at 11 a.m.. The donation is sponsored by **Rtn. Ravilochan Achar** who arranged the materials and accompanied us during the handing over the materials. Club President **Raghavendra P** gave away the donated items and **Rtn. Dr. Rajmohan Rao** and **Rtn. Chandrakanth Marathe** also were there.

**Dr Aravind Bhat,**  
Secretary



### Rotary In the news:

Udayaraga of Feb. was featured in the **Vijayavani** of **16 Feb.**

Our donation of the waste bins to Surathkal Market was featured in **Udayavani**, **dt 17 Jul**, both in its printed and electronic versions

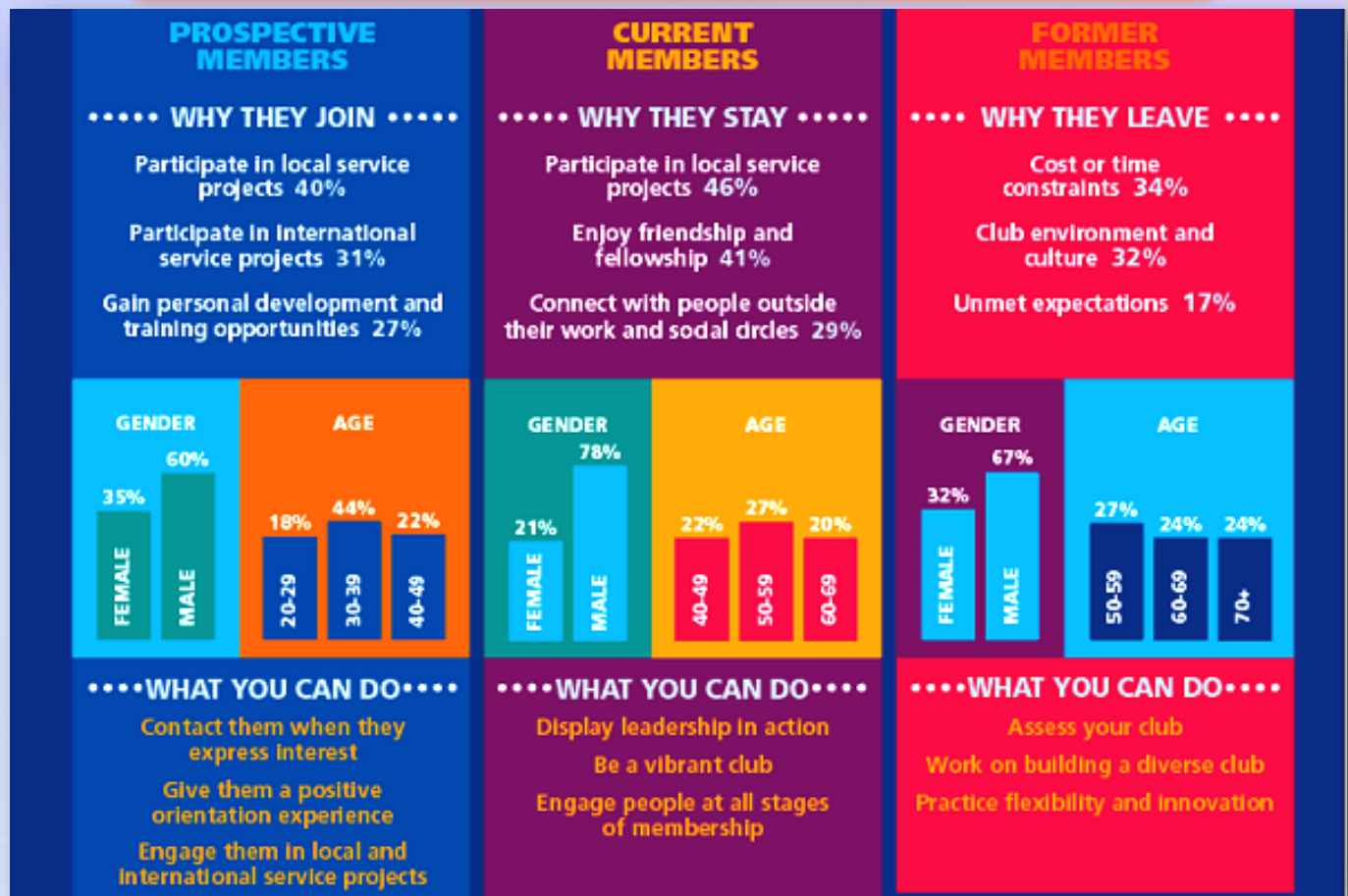


**Sadly our programs and report get stunted because of the Corona Virus**

Gallery Link: <https://sites.google.com/site/rotarysurathkalgallery/>



## MEMBERSHIP AND ITS 'WHY' S & 'WHAT'S'



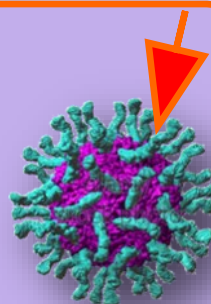
## THE YOUNGEST ROTARY PRESIDENT

**Kiran Joiya**, the President of **Rotary Club of Changa Manga**, D3272, Pakistan is the youngest President of all Rotary Clubs in the world.

She is just 19, and the first lady President of her club.



On 13th January 2014  
India was officially  
declared as **Poliofree**.  
**NOW IS THE TIME  
FOR MORE VIGIL**



**ಯಾರೋ ಚಾಣಕ್ಯನನ್ನು ಕೇಳಿದರಂತೆ. ....****1. ವಿಷ ಎಂದರೇನು?**

ಆತ ಬಹು ಸುಂದರ ಉತ್ತರ ನೀಡಿದ - ನಮ್ಮ ಅವಶ್ಯಕತೆಗಿಂತ ಏನು ಹೆಚ್ಚಾದರೂ ಅದು ವಿಷ. ಅದು ಅಧಿಕಾರವಿರಬಹುದು, ಐಶ್ವರ್ಯ, ಹಸಿವು, ದುರಾಸೆ, ಸೋಮಾರಿತನವಿರಬಹುದು, ಪ್ರೇಮ, ಆಕಾಂಕ್ಷೆ, ದ್ವೇಷ ಅಥವಾ ಯಾವುದಾದರೂ ಇರಬಹುದು ...

**2. ಭಯ ಎಂದರೇನು?**

ಅನಿಶ್ಚಿತತೆಯನ್ನು ಒಪ್ಪದಿರುವುದು. ಆ ಅನಿಶ್ಚಿತತೆಯನ್ನು ನಾವು ಒಪ್ಪಿಕೊಂಡರೆ ಅದು ಸಾಹಸ ಆಗುತ್ತದೆ..!

**3. ಅಸೂಯೆ ಎಂದರೇನು?**

ಇನ್ನೊಬ್ಬರಲ್ಲಿನ ಒಳ್ಳೆಯತನವನ್ನು ಒಪ್ಪದಿರುವುದು. ಆ ಒಳ್ಳೆಯತನವನ್ನು ಒಪ್ಪಿಕೊಂಡರೆ ಅದು ಪ್ರೇರಣೆ ಆಗುತ್ತದೆ.

**4. ಕೋಪ ಎಂದರೇನು?**

ನಮ್ಮ ನಿಯಂತ್ರಣದಾಚೆಯ ವಿಷಯಗಳನ್ನು ಒಪ್ಪದಿರುವುದು. ಅವನ್ನು ಒಪ್ಪಿಕೊಂಡರೆ ಅದು ಸಹಿಷ್ಣುತೆ ಆಗುತ್ತದೆ.

**5. ದ್ವೇಷ ಎಂದರೇನು?**

ಒಬ್ಬ ಮನುಷ್ಯನನ್ನು ಅವನಿರುವಂತೆಯೇ ಒಪ್ಪದಿರುವುದು . ಆ ಮನುಷ್ಯನನ್ನು ಬೇಷರತ್ತಾಗಿ ಒಪ್ಪಿಕೊಂಡರೆ ಅದು ಪ್ರೀತಿ ಆಗುತ್ತದೆ.

ಎಲ್ಲವೂ ಒಪ್ಪಿಕೊಳ್ಳುವಿಕೆಗೆ ಸಂಬಂಧಿಸಿದ್ದು. ವಿರೋಧಿಸುವಿಕೆಯು ಒತ್ತಡವನ್ನು ಸೃಷ್ಟಿಸುತ್ತದೆ. ಒಪ್ಪಿಕೊಳ್ಳುವಿಕೆಯು ಒತ್ತಡವನ್ನು ದೂರ ಮಾಡುತ್ತದೆ.

ಶಾಂತವಾಗಿ ಆಲೋಚಿಸಿ ನೋಡಿ.

ಕಳುಹಿಸಿದವರು : ಆನ್. ಸತ್ಯವತಿ ಹರಿಕೃಷ್ಣನ್

**Some (useless) facts.**

1. When you say "a, e, i, o, u" your mouth gets smaller with each vowel you say.
2. You don't really wash your hands; They actually wash each other while you stand there and watch. (Imagine)
3. If a man says you're ugly, he's being mean. If a woman says you're ugly, she's envious. If a little kid says you're ugly, you're ugly.
4. Things are not on fire, fire is on things.
5. When you say 'Forward' or 'Backward', your lips move in those directions. (yes, just like that)
6. The word 'Australia' has three A's, all of which look the same, but are pronounced differently.
7. If You Rip a Hole in a Net, There Are Actually Fewer Holes in It than there were before.
8. This sentence "All the faith he had had had no effect on the outcome of his life." is actually correct.
9. Sometimes you have to sing the whole alphabet in your head just to find the next letter.
10. The latest scientific research has shown that you can travel on an airplane without announcing it on Social media.
11. What's More Dangerous than Running with Scissors? Falling on them (imagine).
12. Lazy fact #1725402648207549  
You are too lazy to read that number
13. "Dammit I'm Mad " backwards is still "Dammit I'm Mad".
14. Nothing is behind Your Back. it is always in front of your back.
15. Most of the time the People who tell you to calm down, Are the same people that made you angry in the first place.
16. **Hippopotomonstrosesquippedaliophobia**  
Its not fun to say, but ironically, this is the medical term for the fear of long words.

Sent in by **Rtn. Aravind Bhat**

**...think ...****...smile ...**